

Zeit	Montag	Dienstag	Mittwoch	Donnerstag	Sonntag
08:30-10:00	Yoga			Yoga	
12:00-13:00	Yoga	Yoga	Aerial Yoga	Yoga	
17:30-19:00	Yoga		Aerial Yoga Aerial Yoga		Yoga 19:15-20:30
19:15-20:45				Yoga	
18:00-19:30		Yoga mit Paulina		Yin Yoga	
19:45-21:15		Yoga		19:45-21h	